



**OXFORD INTERNATIONAL CAREER COLLEGES &
ENGLISH SCHOOLS**

Prospective & New Students

 **OXFORD INTERNATIONAL VANCOUVER**
815 W HASTINGS ST #250
VANCOUVER BC
V6C 1B4



At Oxford International, we're here to help you achieve your career dreams

WELCOME!

We're excited to have you join our community of curious, driven, and creative learners. Whether you're just starting your journey or exploring your next steps, Oxford International is where you will be supported, challenged and inspired! Our dedicated faculty, diverse programs, warm community and vibrant campus life are all here to help you grow!

Interested in learning more about our campuses, city life, programs and support? Take a peek through this handbook!

We can't wait to see what you'll accomplish!

ABOUT OUR PROGRAMS

**Explore our Oxford International
Career Colleges programs**



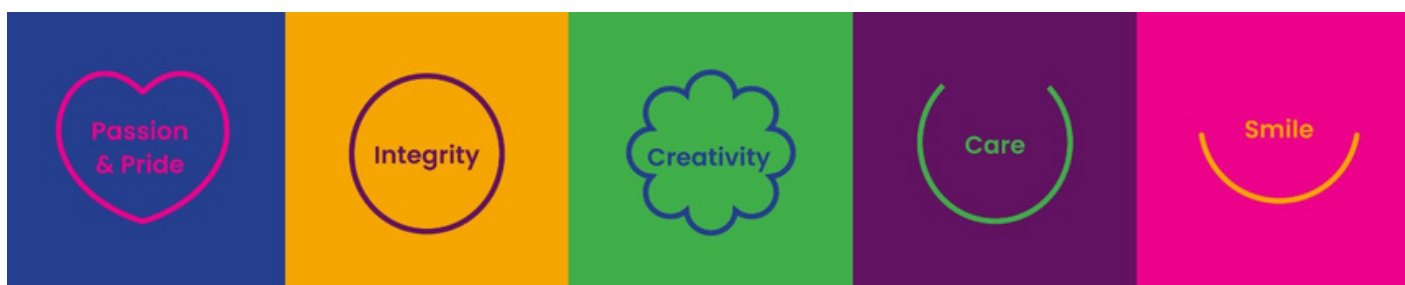
**Learn more about our diverse
English language programs**



About Oxford International

OUR VALUES

We create life enhancing learning experiences that help learners worldwide to develop personally and professionally and that enrich their future opportunities.



WHO WE ARE

At Oxford International & OICC | Oxford International Career Colleges, we help students achieve their English language goals and train students to become the in-demand professionals of tomorrow. At OICC, we care.

HIGH-QUALITY | Because we care, we deliver high-quality training, maintaining the highest of standards to ensure our students succeed during their academic studies and can successfully secure employment upon graduation.

IN-DEMAND | Because we care, our programs are aligned with industry demands. Not only do we offer programs for in-demand professions, but we also ensure our curriculum meets industry and employer needs. Students get hands-on practical training through guaranteed placements, interactive labs and free career services, ensuring they have the knowledge and skills required to thrive in the workforce.

AFFORDABLE | Because we care, we believe in creating equal educational opportunities for all students. That's why we ensure our programs are affordable - plus, we reward our students for their hard work and dedication through unique scholarships and high academic performance programs.

Our Leadership & Administrative Team

PRESIDENT, NORTH AMERICA

SHARON CURL

SENIOR VICE PRESIDENT, CANADA

NADINE BALADI

VICE PRESIDENT OPERATIONS, CANADA

MARK COTHEY

VICE PRESIDENT LANGUAGE PROGRAMS & CLIENT SERVICES, CANADA

ALEX DOLATA

VICE PRESIDENT INTERNATIONAL STUDENT RECRUITMENT, NORTH AMERICA

ANDY BURFITT

DIRECTOR MARKETING, CANADA

CHRISTINA KOOP

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JESSICA DOWNIE

ASSOCIATE DIRECTOR RECRUITMENT & ADMISSIONS, CANADA

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LANGUAGE DIRECTOR OF STUDIES, VANCOUVER

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PROGRAM DIRECTOR, CCA, HALIFAX

AVIS MOREHOUSE

PROGRAM MANAGER, ECE, ECA, HALIFAX & TORONTO

SAMANTHA DANIELS-TENWOLDE

LANGUAGE DIRECTOR OF STUDIES, HALIFAX

GARETH JENKINS

About Vancouver

INTRODUCTION TO VANCOUVER

Vancouver is located on the West Coast of Canada in the province of British Columbia and is only a one-hour drive away from the USA. It is home to some of the most breathtaking natural beauty in the world, with the towering Coast Mountains rising high above the city and the Pacific Ocean lying at its feet. Founded in 1886, Vancouver now has a population of over 2 million inhabitants and offers all the amenities of a modern, cosmopolitan city with a multitude of shops, theatres, and restaurants around every corner. Vancouver offers a very safe and clean environment along with a mild climate that makes living comfortable year-round.

CITY DISTRICTS

The City of Vancouver is separated into a number of districts. Most of the attractions associated with Vancouver are in these districts. These don't correspond to the legal divisions of the city, but instead are a convenient way of subdividing Vancouver for travelers.

CITY CENTRE	The downtown peninsula includes the West End, Yaletown, Gastown, Chinatown and Stanley Park.
KITSILANO	The "young urban professional" neighborhood, which is right next to the Point Grey neighborhood.
VANCOUVER SOUTH	A mostly residential area, that includes the Kerrisdale, Dunbar, Oakridge and Marpole neighborhoods.
UBC	University of British Columbia and the surrounding area.
EAST VAN	A working class area; Commercial Drive is the bohemian part of town. Main Street is an up and coming artsy part of the city.
NORTH SHORE	The area north of the Burrard Inlet, including District of West Vancouver, City of North Vancouver and District of North Vancouver.
BURNABY	Separate municipality with a number of parks, including three of the larger GVRD Parks (Central, Burnaby lake, and Deer Lake). Also contains Metrotown, the largest shopping mall in British Columbia.
NEW WESTMINSTER	A separate municipality (previously the province's capital). It has a park, shopping mall (Royal City Mall) and a number of Victorian-style houses in the older parts of town.
RICHMOND	A separate municipality with many restaurants and shopping opportunities, and home to Vancouver International Airport, comprising the larger Lulu Island and Sea Island.
SURREY	Vancouver's largest suburb, easily reached on Translink by taking the Skytrain.
COQUITLAM	An emergent suburb Northeast of Burnaby, becoming largely populated by new Vancouverites and mid-class immigrant residents. Naturally set with local trails, parks, hills, Coquitlam is the emerald spot of greater Vancouver.

Living in Vancouver

AVERAGE COSTS

On average, learners may spend between \$2500 to \$3500 monthly. Below lists the current average cost of various items in Vancouver.

MARKET

Milk	\$2.50
Loaf of White Bread	\$4.00
Rice (white, 1kg)	\$5.50
Eggs (regular, 12)	\$5.50
Local Cheese (1kg)	\$18.45
Chicken Fillets (1kg)	\$20.50
Beef Round (1kg)	\$23.50
Apples (1kg)	\$6.00
Bananas (1kg)	\$2.00
Oranges (1kg)	\$5.50
Tomatoes (1kg)	\$7.00
Potatoes (1kg)	\$4.50
Lettuce (1 head)	\$3.50
Bottle of Wine (Mid-Range)	\$20.00
Domestic Beer (0.5L bottle)	\$4.15
Imported Beer (0.33L bottle)	\$5.00
Cigarettes 20 Pack (Marlboro)	\$20.00

R E S T A U R A N T

Meal, Inexpensive Restaurant	\$25.00
McMeal at McDonalds	\$15.00
Domestic Beer (0.5L draught)	\$9.00
Imported Beer (0.5L bottle)	\$9.00
Cappuccino (regular)	\$5.75
Soft Drink (Coke/Pepsi)	\$2.75

TRANSPORTATION

One-way Ticket (Local)	\$3.20
Monthly Pass (Regular)	\$140.00
Taxi Start (Normal Tariff)	\$4.00
Taxi 1km (Normal Tarriff)	\$2.00

O T H E R

Gym Membership (1 month)	\$51.00
Movie Ticket (1 person)	\$17.00
Preschool/Kindergarten, Full day, Private (1 child/month)	\$1,520.00

UTILITIES

Basic (Electricity, Heating, Cooling, Water, Garbage) for 85m2 apartment	\$145.00
Mobile Phone Monthly Plan with Calls and 10GB+ Data	\$60.00
Internet (60 Mbps or More, Unlimited Data, Cable/ADSL)	\$80.00

To calculate your own estimated costs, check out [VanMates](#)

For an extended list on costs in, visit [Numbeo Cost of Living in Vancouver](#)

Vancouver Community Supports & Services

Below you will find banking services and community supports close to the school.

BANKS

RBC – 685 W Hastings St., Vancouver, BC V6B 1N9

Scotiabank, 510 Burrard St, Vancouver, BC V6C 3A8

TD Canada Trust Branch and ATM, 1055 Dunsmuir St, Vancouver, BC V7X 1P3

COMMUNITY CENTERS

Coal Harbour Community Centre, 480 Broughton St, Vancouver, BC V6G 3H4

Covenant House Vancouver, 1280 Seymour St, Vancouver, BC V6B 3N9

Downtown Eastside Women's Centre, 302 Columbia St, Vancouver, BC V6A 1K9

Indigenous Services Canada – BC Region, 1138 Melville St, Vancouver, BC V6E 4S3

CHILDCARE CENTERS

Atelier Children's Centre, 825 Homer St, Vancouver, BC V6B 0H4

iCARE Downtown Daycare, 1189 Howe St, Vancouver, BC V6Z 2X4

Vancouver Tenancy Rights

DO YOU KNOW YOUR TENANCY RIGHTS?

It is important that students are familiar with provincial tenancy rights when finding accommodation outside of those offered by Oxford International. Landlords must prepare a written agreement for every tenancy. Even if a landlord doesn't prepare one, the standard terms of a tenancy agreement still apply. Paying a security deposit establishes a tenancy, even if there is no written tenancy agreement and if the tenant never moves in.

A tenant should carefully review their tenancy agreement before signing it. If English is not their first language, or they are uncertain about something in the agreement, they should consider showing it to a friend or family member, or speak to the client services coordinator at school, for clarification and advice. Both the landlord and the tenant must sign and date the agreement. Landlords must provide a printed copy to tenants within 21 days of entering into the agreement. Landlords and tenants can apply for dispute resolution.

Dispute resolution is the formal process for resolving disputes between landlords and tenants. It should be the last step in dealing with a tenancy conflict, if you're unable to work out a tenancy issue.

Locking a tenant out of a rental is illegal. Getting locked out of their home could leave the tenant unable to access money, medication, work tools, and personal identification. If the landlord continues to deny access to the home, the tenant will have to apply for dispute resolution to ask for an Order of Possession and monetary compensation. The Residential Tenancy Branch has an expedited process for scheduling these hearings.

If a tenant doesn't leave by the effective date of the notice, the landlord must follow a specific process to gain possession.

A landlord cannot physically remove a tenant, or take a tenant's personal property without a court order.

For further information on tenancy rights in British Columbia, please consult the Government of BC [Website](#)



ABOUT VANCOUVER Average Weather

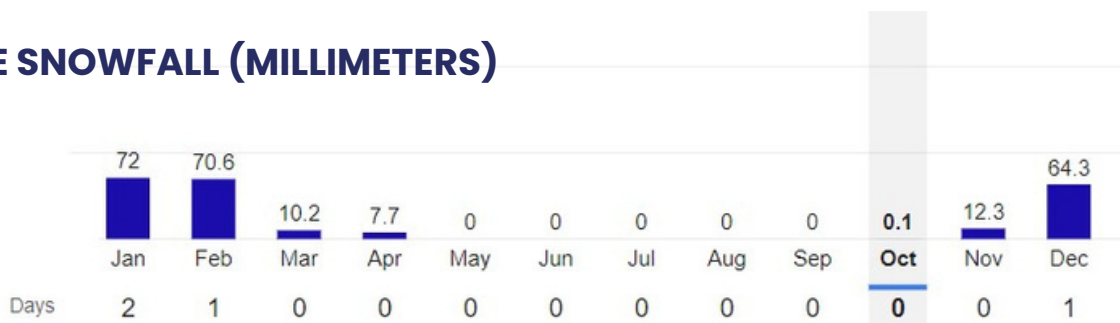
AVERAGE TEMPERATURES (CELCIUS)



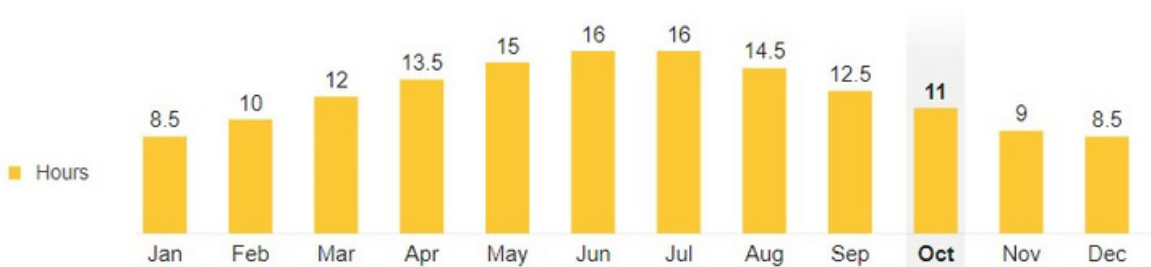
AVERAGE RAINFALL (MILLIMETERS)



AVERAGE SNOWFALL (MILLIMETERS)



AVERAGE DAYLIGHT



ABOUT VANCOUVER

Clothing, Smoking & Safety

RECOMMENDED CLOTHING

The summer months can be very warm in Vancouver; however, students are recommended to have a raincoat regardless of the time of year that they are staying in Vancouver. If you will be living in Vancouver during the winter months (November - February) you should have a winter coat, gloves, and waterproof footwear. Vancouver usually does not receive heavy snowfall; however, snow will remain on the ground from time to time.



NON-SMOKING AND VAPING CITY



Vancouver is officially a non-smoking city, and it is against the law to smoke in a public place. If you need to smoke, you can smoke only in areas designated as smoking areas. If you are going to vape please follow any signage otherwise stay six feet apart from others.

SAFETY

Vancouver is a very safe city. However, as with any large city, there is some crime. To protect yourself you should exercise the same caution that you would in any large city.

- Know which areas you should avoid at night.
- Do not walk alone at night. Walk in well-lit and well-travelled areas.
- Do not carry large sums of cash.
- Do not leave your backpack or purse unattended anywhere.

911 is an emergency number that you can call free at any time from any telephone in an emergency.

If you have any questions or problems, speak with a school staff member.



ABOUT VANCOUVER

Transportation & Travelling

TRAVELLING AROUND DOMESTICALLY & INTERNATIONALLY

Travelling around and exploring new places is an exciting opportunity! But what does that mean for you when you are travelling to and from the airport?

DOMESTIC TRAVEL

If you are arriving in Vancouver on a domestic flight, you will have already cleared customs and immigration at some other point in Canada. After you arrive, follow the signs to baggage claim and make your way to your next destination.

INTERNATIONAL TRAVEL

You will arrive at the International Arrivals Terminal. After you have gotten off the airplane, follow the signs to the immigration and customs area. Once in this area, you will go down a set of escalators leading to passport control (immigration). If you have a Study Permit, you may be required to go to a second immigration office, located to the right, to have your Study Permit processed. After you have collected your baggage, you will pass through customs clearance and enter an area with a glass wall to the right. Do not stay in this area, continue towards the glass wall, through the doors and into the public meet and greet lobby. Once you have entered the public lobby look for your greeter (They should be holding a sign with your name).

INTERNATIONAL TRAVEL (USA)

Vancouver is located only a short distance from the United States border, making it a popular travel destination for students. We highly recommend that students wishing to visit the United States for any reason obtain a US Visitor Visa prior to arriving in Canada. It can be very difficult to obtain a US Visitor Visa for individuals who are from countries which do not participate in the US Visa Waiver Program.

Visit <https://travel.state.gov/content/travel/en/us-visas/study.html> for more information on any requirements.



ABOUT VANCOUVER

Transportation & Travelling

TRANSPORTATION TO AND FROM SCHOOL

A variety of types of public transportation are available in Vancouver. Students who are in a homestay will be shown the proper public transportation route to get to school and back by their host family. Students who are not in homestay can inquire at the school regarding transit information. Transit fares will vary depending on the area of Vancouver, referred to as zones, they are travelling from and to. Students 18 and younger qualify for a concession pass which can be purchased at a lower price than a standard pass. Passes can be purchased at most drug stores and various other participating locations.

PUBLIC TRANSPORTATION

In Vancouver, there are the following methods of public transport: bus, West Coast Express, SkyTrain & SeaBus. To plan your trip, go to www.translink.ca: Trip planner

UNLIMITED TRAVEL

Monthly Passes provide unlimited travel on SkyTrain and SeaBus within the number of zones purchased. Monthly Pass holders must still tap in/out on rail and SeaBus to ensure they are charged the correct fare.

A Monthly Pass of any kind provides unlimited travel on buses at any time, and across all zones on all modes on weekends, statutory holidays, and after 6:30 p.m. on weekday evenings.

COMPASS CARD

Using the Compass Card is easy. Simply tap in when you start your journey and tap out when exiting or transferring. Remember, buses are tap in only, so there's no need to tap out when exiting. When you tap out, the system calculates the fare zones you've travelled and charges you the correct fare. This applies to all products, including Monthly Passes.

Card readers are located at all West Coast Express Rail, SkyTrain and SeaBus fare gates. In order to pay the lowest fare and transfer seamlessly across all modes of travel purchase a Compass Card and load it with Stored Value, a DayPass, or a Monthly Pass.

You may also buy your Compass Card at Waterfront Station or London Drugs.

Visit the Compass page at <https://www.translink.ca/transit-fares/pricing-and-fare-zones> to learn about fares, pricing, zones and all the benefits Compass offers.



Working in Vancouver

SOCIAL INSURANCE NUMBER

Any person hoping to work in Canada must have a SIN. You will need an application form, your passport and your study and work permit.

SIN documents are obtained at:
Services Canada,
1st floor at the Sinclair Centre,
757 W. Hastings Street,
Vancouver

DO NOT share your SIN card with anyone other than your employer or your bank. There are many cases of fraud involving social insurance cards.



EMPLOYMENT IN CANADA

International students are not permitted to work in Canada without the proper immigration documents. If you work in Canada without the proper documents, you will be in violation of immigration policy and can be deported.

For more information, this website provide information on how international students can obtain the proper documentation to work legally in Canada:

<https://www.canada.ca/en/immigration-refugees-citizenship/services/study-canada/work/work-off-campus.html>

OXFORD INTERNATIONAL VANCOUVER

Your Time with Us

STUDENT ORIENTATION

During your time at Oxford International Vancouver, students—both domestic and international—begin their journey with a one-day Student Orientation designed to welcome them into the campus community. This orientation provides a guided tour of the campus and introduces students to the wide range of programs, academic departments and student support services available.

SNEAK PEEK INTO OUR SERVICES

All student support services can be found on our [website](#) and throughout this handbook. For more detailed information or assistance, students are encouraged to reach out to their respective Student Support Team on campus. This ensures every student has access to the guidance and resources they need to succeed.

OICC VANCOUVER CAMPUS

Student Safety

STUDENT SAFETY

Your safety is our priority. Below you will find who you can reach out to on campus.

First Contact in Emergency: Laura Mello or Sarah Chan

Student Support: Laura Mello

Security Patrols (7am – 11pm): Call 604-683-2141 if you need assistance during these hours

After-Hours Security (11pm – 7am): Call 604-683-2141 to reach the on-call person who can help

Emergency Situations: For any serious emergencies, please dial 9-1-1 immediately

ADDICTION & OVERDOSE

Addiction and overdose are serious and growing issues that can affect anyone, leading to devastating consequences for individuals, families, and communities. If you or someone you know are struggling, please contact your Student Support (see above) or visit one of the resources listed below.

Free Education & Training

How to Recognize & Respond to an Opioid Poisoning (Overdose) (Naloxone Training) - Please visit the following link: <https://www.naloxonetraining.com/training/save-me-steps> to take the free training

Overdose Prevention & Response - Please visit the following link:
<https://respondtooverdose.gov.bc.ca/>

OXFORD INTERNATIONAL VANCOUVER Student Safety

HOW TO USE NALOXONE



Your naloxone purchase should include:

- At least 2 doses 0.4 mg/ml naloxone
- At least 2 retractable VanishPoint® syringes

What is Naloxone and Why Do We Need It?

Naloxone is an antidote to opioid overdose. Taking too much of opioid drugs (like morphine, oxycodone, methadone, heroin, or fentanyl) can slow down or stop breathing. Naloxone restores normal breathing and consciousness within 1 to 5 minutes of injection. Giving naloxone can prevent death or brain damage from lack of oxygen during an opioid overdose. Naloxone can be injected through clothing into the big muscle of the thigh, arm or buttocks.

Signs of Opioid Overdose



Not moving and can't be woken



Slow or not breathing



Blue lips and nails



Choking, gurgling sounds or snoring



Cold or clammy skin



Tiny pupils

Overdose is a medical emergency - **CALL 9-1-1** | Tell attendant: Person is **not responsive** and **not breathing**.

HealthLink BC: 8-1-1

BC Drug & Poison Information Centre: 1-800-567-8911

SAVE ME Steps

Follow the **SAVE ME** steps below to respond



If the person must be left unattended at any time, put them in the recovery position



STIMULATE

Unresponsive? Call 911



AIRWAY

Check and open



VENTILATE

1 breath every 5 seconds



EVALUATE

Breathing?



MEDICATION

1 dose of naloxone



EVALUATE & SUPPORT

Wait 5 minutes. Another dose?

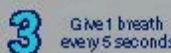
How to Give Breaths



1 Tilt head back to open the airway



2 Pinch nose. Cover mouth with mask or clothing



3 Give 1 breath every 5 seconds

Breathing can slow down during an overdose but the heart is probably still beating. Give breaths to keep them alive

How to Use Naloxone



1 Tap ampoule to send all liquid to the bottom

Push top away from you to snap open the ampoule



2 Pull plunger to draw up liquid



3 Inject into muscle

Press plunger all the way down to trigger safety (retraction)

Developed with the BC Centre for Disease Control

College of Pharmacists
of British Columbia

bcpharmacists.org/naloxone

Medical, Health & Wellbeing

MEDICAL INSURANCE INFORMATION

Every student must have medical insurance and the appropriate authorization from Immigration Canada. Please give a copy of these documents to the school. Remember that you are responsible for checking the expiration date of your documents and keeping your papers up to date. For additional information on visa requirements, please visit www.cic.gc.ca.

Canadian health care is excellent, but it can be very expensive. It is mandatory that students have comprehensive medical and accident insurance. Insurance can be purchased directly from the school. Please contact us via the information below:

Telephone: 604-688-7942

Email: canada@oxfordinternational.com

Note: Students who will be staying in British Columbia for more than six (6) months are eligible to apply for medical insurance through the Provincial Government after they have been in British Columbia for three (3) months. This insurance comes at a cost. For more information visit [Eligibility for MSP - Province of British Columbia](#)



HEALTH

An important part to staying healthy is eating a nutritious and balanced diet. Exercise and getting the proper amount of sleep can also contribute to your health. If you exercise regularly, eat a healthy diet, and get the proper amount of sleep you will get sick less often, have more energy, and feel less stress.

If you do start to feel sick, do not hesitate to get help. Speak with your host family or a school staff member to find out which health care facility you should go to.



Medical, Health & Wellbeing

MEDICAL CARE

Health care is expensive in Vancouver and if you are absent from class for health reasons, you are expected to bring a doctor's note. Here is some information to assist you should you have a medical complaint:

WALK-IN CLINICS

Vancouver has an excellent network of walk-in medical health care clinics where you can see a physician seven days a week without an appointment. Here is a list of the best medical and health care clinics in Vancouver and the North Shore. Clinic visits cost about C\$100.

ULTIMA MEDICENTRE

Plaza Level, 1055 Dunsmuir St
Vancouver, BC
Ph.: 604-683-8138
Hours: Mon - Fri 8AM-5PM

UNIVERSITY VILLAGE MEDICAL CLINIC

Wesbrook Village, 5933 Birney Ave
Vancouver, BC
Ph.: 64-222-2273 (ext. 1)
Hours: Mon - Fri 8AM - 5PM

YALETOWN MEDICAL CLINIC

(The Concordia) 1296 Pacific Blvd
Vancouver, BC
Ph.: 604-633-2474
Hours: Mon - Fri 8:30AM - 8PM, Sat 10AM - 3PM

GRANVILLE MEDICAL CLINIC

2578 Granville St.
Vancouver, BC
Ph.: 604-733-4700
Hours: Mon - Fri 6AM - 3PM, Sat 6AM - 12PM

DENTAL CARE CLINICS

EAST SIDE WALK-IN DENTAL CLINIC

455 East Hastings Street
Vancouver BC
Ph.: 604-254-990

Free pain relief only (extractions, open and drain, antibiotics, basic restorative work).

REACH CLINIC

1145 Commercial Drive
Vancouver, BC
Ph.: 604-254-1331

10% reduction in fees; 6-week waitlist.
Examinations, preventative, periodontal therapy, restorative, extractions, prosthodontics.

UBC

2199 Westbrook Mall, UBC
Vancouver, BC
Ph.: 604-822-6917

Filings, extractions, drainage of abscesses.
Make an appointment ahead of time.

Medical, Health & Wellbeing

MENTAL HEALTH CLINICS

Moving to another country, no matter for how long, can be very stressful, especially when moving away from a support network of friends and family. If you feel that you are not coping, feeling anxious, depressed or any other emotions, then there is a clinic close to you available that offers free counseling.

For more information, please visit: <https://www.vch.ca/en/services-resources>.

UBC Master's level Counseling Psychology students provide free counselling in Vancouver as part of their training. Since this is a training clinic, all counselling sessions are required to be videotaped/observed.

Please refer to the following website for more information:
<https://psctc.educ.ubc.ca/counselling-services-link/>



Medical, Health & Wellbeing

QUICK REFERENCE GUIDE

study**insured**™



Getting Mental Health Care

STAY HEALTHY AT SCHOOL PROGRAM

The StudyInsured™ **Stay Healthy at School program** provides international students in your school district with access to **24/7 mental health support**.

MAIN FEATURES

- 24/7 toll-free Assistance in Canada and the USA and collect outside North America.
- Experienced and compassionate counsellors with a Master's degree and years of clinical experience as minimum requirements.
- 100+ languages available.
- Pre-booked appointments within 48 hours.

USING THE STAY HEALTHY AT SCHOOL PROGRAM

STUDENTS: Call

1.833.646.1524 any time,
day or night, to access mental
health care

OR

**Connect on the mobile
app or online website**
(see the **next page** for how
to connect)

Medical, Health & Wellbeing

Stay Healthy At School Program

HOW TO CONNECT ON THE MOBILE APP OR ONLINE WEBSITE

MOBILE APP

Available on Google Play or the App Store

1 Search and download iConnectYou app

2 On the app, click on "Sign Up"

3 Enter the following information:

- Full name
- Account password
- Phone number
- Passcode: **279902**
- Email address
- Preferred language
- Select "I have read and accept the Terms of Use and Privacy Policy"

4 Click "Sign Up"

5 While signed onto the app, click the three lines on the bottom right side of the page. You will be able to connect to a therapist using the following options:

- Call
- Text Message
- Instant Message
- Video Call



**SCAN HERE TO
DOWNLOAD APP**

ONLINE WEBSITE

Resources and Service Request Portal

1 Go to ca.helpwhereyouare.com

2 Enter company code SHAS and click "Login"

3 Choose your language

4 Click **INTERNATIONAL** on left side of webpage

5 Choose between scheduling an appointment with

SCHEDULE AN APPOINTMENT:

- A** Under the "Centres" section, select "Contact a Counsellor"
- B** Enter the required information and a counsellor will contact you within 48 hours to book an appointment

OR

LIVECONNECT INSTANT MESSAGE:

- A** Click "LiveConnect" on the bottom right of the webpage
- B** On the Anonymous Chat window, select the type of service needed

Medical, Health & Wellbeing

MENTAL WELLNESS PHONE LINE

PRIVATE – AVAILABLE 24/7

WE'RE HERE TO LISTEN.



Life is a struggle sometimes—and that's okay. Call the mental wellness phone line to connect with a counsellor who will offer support and guidance.

- Available 24/7 in more than 100 languages
- Video chat and instant messaging available via app or website
- In-person counselling available by request*
- Experienced and compassionate counsellors with professional designation and 5+ years of clinical experience
- 100% private and confidential: Records are not shared with any third-party

*Dependent upon geographic location within North America

MENTAL WELLNESS PHONE LINE
PRIVATE – AVAILABLE 24/7
1-833-646-1524

1. Call at any time, day or night
2. Select 1 for English; 2 for French
3. You will be connected with a counsellor for a private and confidential conversation

You can request any language when you are connected



Keep this wallet card handy for future reference.
2024-05EN

DOWNLOAD THE FREE ICONNECTYOU MOBILE APP TO...

- Learn from self-help tools and other resources
- Instantly connect with a counsellor through the direct dial feature or instant message
- Request appointments with in-app scheduler



SCAN QR CODE TO
DOWNLOAD THE APP AND
SIGN UP WITH CODE **SHAS**

FREE CAREER READINESS TRAINING
Career Academy Canada

**YOU HAVE YOUR CAREER DREAMS & WE'RE HERE TO HELP TURN
THOSE INTO A REALITY**

At Oxford International, our motto is learning without limits – but with us, that doesn't end in the classroom. In today's increasingly competitive job market, it can be overwhelming to navigate the professional world and understand what skills and attributes employers are looking for.

We partner with you to:

- ✓ Identify, develop and map out your career plan.
- ✓ Build the skills you need to achieve your goals.
- ✓ Expand your industry and employer networks in the fields you're interested in.

**ENABLING CAREER READINESS
SKILLS**



STUDY CLUB



**SKILLS
WORKSHOPS**



**COUNSELLING
SESSIONS**

**INCREASE EMPLOYER & INDUSTRY
NETWORKS**



**INDUSTRY EVENTS
& GUEST SPEAKERS**



ALUMNI NETWORK



Helpful Websites

ENCUBATE - TAILORED VISA & IMMIGRATION SERVICES

We have partnered with Encubate to assist students with any visa and immigration questions. Visit www.oicolleges.com/visa-immigration/ for more information.

STUDENT AUTHORIZATION APPLICATION PROCEDURES

For any information on Student Authorization Application Procedures please refer to the Citizenship and Immigration Canada website at Immigration Canada www.cic.gc.ca

STUDY PERMITS

Pathway Program students will require a study permit. For information on Canadian Study Permits, visit: www.cic.gc.ca/english/information/offices/missions.asp

WORK PERMITS - CANADA

Information on off campus work permits visit www.cic.gc.ca/english/study/work-offcampus.asp

Information on post graduate work permits visit www.cic.gc.ca/english/study/work-postgrad-who.asp

CANADIAN VISA APPLICATIONS

Visit www.cic.gc.ca for information.

INFORMATION ABOUT CANADA

Visit www.canada.com

INFORMATION ABOUT BRITISH COLUMBIA

Visit www.hellobc.com

INFORMATION ABOUT VANCOUVER AND LOWER MAINLAND

Visit www.vancouver.ca

ACTIVITIES AND TRIPS IN VANCOUVER

www.hellobc.com
www.whistler.com
<https://www.bcferries.com>
<https://www.scienceworld.ca>

TICKETS FOR MUSIC, THEATRE, SPORTS

Visit www.ticketmaster.ca

Financial Aid & Scholarships

**VISIT OUR WEBSITE TO LEARN MORE ABOUT OUR FUNDING OPPORTUNITIES
THAT MAY BE AVAILABLE TO YOU!**



Student Housing

**VISIT OUR WEBSITE TO LEARN MORE ABOUT ACCOMMODATION OPTIONS
AVAILABLE TO YOU DURING YOUR TIME AT OICC!**



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